

The Center for Transforming Lives presents
October 26, 2013 Workshop
WISDOM QIGONG: Healing in the Qi Field



Dashi Chu Kocica, AP, Asian Healing Arts

In this 3-hour workshop you will learn the same healing methods practiced in the world's largest Qigong hospital, where Dashi healed herself of a partial hearing loss in 1997:

How to create a "group healing Qi field" to accelerate self-healing
How to practice the 20-minute foundation form for health maintenance
How to enter the "Qigong state" to optimize self-healing and inner peace
How to focus your healing intentions to attain life-long health and wellness

This workshop is invaluable for all persons wishing to optimize health and self-healing, especially for healthcare professionals and healers to re-energize and prevent burnout.

***Dashi Chu Kocica** is an Acupuncture Physician specializing in Asian Healing Arts. She incorporates over 40 years cross-training in Qigong, Taiji and yoga into her practice, and is author of over a dozen DVDs/CDs on self-healing and rejuvenation. Dashi is China-certified in Wisdom (Zhineng) Qigong and Lian Gong, and certified in Supreme Science Qigong and TriYoga®. She is Educational Director of the Center for BioTherapeutics in Miami. Visit www.AsianHealingArts.org to view her calendar of workshops, international retreats and articles on Qigong and DVDs.*

DATE: Saturday, October 26, 2013, 1.00-4.00 pm (Bring a snack for break)

PLACE: **The Center for Transforming Lives**, 7600 SW Red Road/57th Ave, Suite 211, South Miami, FL 33143. Office Tel: 305-666-9942. Free parking in front or behind building.

COST: \$79 (credit cards or PayPal accepted). DVDs available at workshop

REGISTER ONLINE AT: <http://thecenterfortransforminglives.com/calendar>

CONTACT Dashi Cell 305-776-0760; Email info@AsianHealingArts.org

VISIT www.AsianHealingArts.org www.AsianHealingArts.org to view Dashi's calendar of events, international retreats and DVDs.